

Comprehensive and Compassionate Care

Rutherford Regional's Breast Care Program is designed to provide each patient with comprehensive and compassionate care. Beyond having state-of-the-art technology for early detection and the most current treatments available for breast cancer, each patient is viewed as an individual.

Patients who are diagnosed with breast cancer will have access to a patient navigator, a specially trained registered nurse who offers educational and emotional support from the time of diagnosis until recovery. Your navigator is there to assist your family as well.

A multidisciplinary case review, involving medical and radiation oncologists, radiologists, pathologists, surgeons and the patient navigator is conducted for each patient.

Convenient support services include the Cancer Resource Center, support groups and peer counseling. All are available to patients through Rutherford Regional Health System.

As the treatment for breast cancer becomes increasingly complex, it is important to know that Rutherford Regional is here to provide you with knowledgeable and caring medical professionals who will be with you every step of the way.



RUTHERFORD REGIONAL
HEALTH SYSTEM

MyRutherfordRegional.com/BreastCare

Rutherford Regional's

Breast Care Program

*Bringing Together Education,
Advocacy and Support*



RUTHERFORD REGIONAL
HEALTH SYSTEM





Screening & Early Detection

Your breast care begins at The Mammography Place, which offers state-of-the-art screening and diagnostic equipment.

Our technologists are fully accredited and certified by the American College of Radiology to provide the highest quality screening mammography services. Our digital mammograms are interpreted by the physicians of Rutherford Radiological Associates, who together have more than 40 years of experience in interpretation of mammograms and other breast imaging procedures.

For uninsured women, financial assistance programs are available through Rutherford Regional's Cancer Resource Center as well as the county health department.

Should an abnormality be detected on your screening mammogram, Rutherford Regional offers a variety of diagnostic procedures to determine if your spot or lump is cancerous. Image-guided biopsies, ultrasounds and surgical biopsies, performed by board certified surgeons from Rutherford Surgical Associates, can be performed on an outpatient basis.

Treatment & Expertise

If you are diagnosed with breast cancer, there are comprehensive services available to you right here at home. Working with other area providers, Rutherford Regional offers a multidisciplinary approach to your care and will help coordinate your treatment.

Working together, oncology physicians and general surgeons will help determine the best course of care for you and determine the treatment that is specific to your diagnosis. You will also be provided the latest information on clinical trials, genetic counseling, multi-gene tumor analysis and testing referrals.

Following surgery, a certified physical therapist is available for lymphedema therapy to help minimize arm swelling.

Rutherford Regional's Cancer Program is accredited with commendation by the Commission on Cancer of the American College of Surgeons.

Having expertise in breast care right here at home means there is no need to travel out of Rutherford County for the treatment you need.

Personalized Care

A community of support is available through Rutherford Regional's Cancer Resource Center. A patient navigator, who is an experienced nurse, is there to provide information, support and guidance when you need it most.

The Pink Ladies Cancer Support Group is open to any woman who has experienced cancer. The Pink Ladies are a vibrant group of women committed to making the most of life and giving back to the community around them.

In partnership with American Cancer Society, the Center offers Look Good Feel Better, a class that provides skin and beauty care information to women who are undergoing cancer treatments.

Those who need a prosthesis or mastectomy bra can be fitted by a professional mastectomy services fitter at the Center. This service is offered in partnership with Smith's Drugs of Forest City, and most medical insurances will cover the cost of the supplies if a doctor's prescription is provided.

The Center also offers computer access, educational materials and more.